# The Heart of the Matter

Jeremiah 31:31-34 Pastor Jesse Waggoner – July 26, 2009 AM

# True Change Comes From the Inside Out

### 1. Abandon an emphasis on the externals (Jeremiah 31:31-32)

- A. External conformity has a short shelf-life
- B. External conformity reveals the sinfulness of man

### Key #1: Dig below the surface of <u>Scripture</u>

#### 2. Adopt an emphasis on the internals (Jeremiah 31:33-34)

- A. God wants to touch your thinking
- B. God wants to touch your heart

Key #2: Teach the "<u>why</u>" as well as the "<u>what</u>"

### 3. Allow the Holy Spirit to work on your <u>heart</u> (Ezk. 36:24-28, Joel 2:28-32)

A. Only the Holy Spirit can cause <u>change</u> in you (Ezk. 36:24-28)

B. Only the Holy Spirit is God's plan for you (Joel 2:28-32)

Key #3: <u>Stop</u> at yield signs

**CONCLUSION:** Are you <u>changing</u> from the inside out?